



Baby TALK

The Heartland Family Service **Baby TALK** program is a free, voluntary service for pregnant women or parents with children birth to five years of age. The mission of **Baby TALK** is to positively impact child development and nurture healthy parent-child relationships during the critical early years. This supportive program assists individuals in teaching parents new skills that impact their child's development.

Baby TALK staff reinforce that parents are the expert on their child(ren). We build relationships with families through contact in the Women, Infants, and Children (WIC) food and nutrition clinics on a regular basis and provide three program options: developmental newsletters, home visits, and group socialization.

- **Developmental Newsletters:** Receive up-to-date information periodically to learn what their child is experiencing developmentally.
- **Home visits:** Parents 22 years and older, are provided one-on-one teaching about their child's development through play and parent-child interactions.
- **Lap sits:** Parents of any age with children birth to five years of age are welcome to learn the importance of language through reading and singing in a group setting, providing socialization opportunities for parent and child

WIC participants automatically qualify for services. Visit with **Baby TALK** staff for support while waiting to attend your WIC appointment.

Other benefits include assisting parents with a child's school readiness and helping families find positive solutions for everyday parenting issues.

Contact: 402-457-7772 or
info@HeartlandFamilyService.org



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Central Administrative Office
 2101 S. 42nd Street, Omaha, NE 68105
 PH: 402-553-3000 | FX: 402-553-3133
info@HeartlandFamilyService.org
HeartlandFamilyService.org

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