

HOW IS THIS DIFFERENT FROM MY OVERSEAS MEDICAL EXAMINATION?

Your overseas examination only looked for conditions that would keep you from coming to the U.S., such as tuberculosis, physical and/or mental problems connected to violence, and drug addiction.

HOW MUCH DOES IT COST?

You do not have to pay for the medical screening if Nebraska is your first destination in the U.S. The cost will be covered in one of two ways: 1) If you have a Medicaid card, then Refugee Medical Assistance (RMA) will pay. 2) If you do not have RMA and your clinic may receive payment for the medical screening from the DHHS Refugee Resettlement Program.

WHAT SHOULD I BRING?

When you have your medical screening, bring the following items with you if you have them:

- ❖ All your medical records
- ❖ Immunization records
- ❖ Any medications or herbs you may use

WHAT IS A PRIMARY CARE PROVIDER?

Your primary care provider is the clinic or medical person who takes care of you regularly, especially if you are sick, if you need shots, or if you need treatment for a health problem.

Primary care is having one regular clinic or health care provider who takes care of your ongoing health care needs, and if necessary, refers you to a specialist.

HOW DO YOU PREPARE FOR THE MEDICAL SCREENING?

- ❖ Bring each family member's available documents, such as: I94s, passports, medical records, vaccine information from home, and other identifying documents you may have.
- ❖ Pack snacks, water, extra diapers, or anything else you may need while waiting. Appointments may take several hours, as doctors will try to see your whole family in one day to limit the number of times you have to travel to their facilities.
- ❖ Arrive on time to avoid further delays or cancellations. When you are given an appointment time, please arrive on time to avoid further delays or away so that the next family can be seen on time.
- ❖ If an emergency or urgent need arises, please let your case manager know as soon as possible if you are not able to make your appointment.

WHAT SHOULD YOU EXPECT AT THE HEALTH SCREENING?

- ❖ First, you will check-in with the staff person at the front desk.
- ❖ Next, you will sit in a waiting room to be called to see the doctor/nurse. Please do not leave except in an emergency. If you need to use the bathroom, do not hesitate to ask where it is located.
- ❖ When it is your turn, you will be directed to a private exam room where the doctor/nurse will examine all family members.
- ❖ During examination, the doctor/nurse will perform a physical exam, and ask you some questions about your physical and emotional health.

- ❖ The doctor/nurse or staff will need to know the full name, date of birth, and address of each family member. Please make sure you have this information written down.
- ❖ Upon completion of your exam, you may ask for a printed copy of your medical screening form for your records.
- ❖ Please note that all examinations require a blood test. This test will either be completed at the clinic or will be scheduled for different location.
- ❖ Please be sure to complete these tests and to arrive at any future follow-up appointments on time. Your full health screening is usually completed within two visits, so your subsequent appointments are crucial.

WHAT ARE YOUR RIGHTS DURING THE HEALTH SCREENING?

- ❖ Each family member has the right to equal professional care and services.
- ❖ You have the right to free interpretation services. These are usually telephonic.
- ❖ You have the right to express your desire to be seen by a doctor of a specific gender. Ask your case manager prior to the appointment. They can contact the clinic to try to arrange for this.
- ❖ You have the right to bring a companion with you into the exam room. Please note that COVID-19 guidelines sometimes limit the number of people allowed in a room.
- ❖ You have the right to privacy, covered under a U.S. law called HIPAA. All your personal and health information will remain confidential.

WHERE DO I GO FOR TUBERCULOSIS (TB) TEST REQUIRED BY USCIS AS UKRAINIAN HUMANITARIAN PAROLEES (UHP)?

All beneficiaries paroled into the United States under Uniting for Ukraine program (U4U) requires a Tuberculosis (TB) Screening medical attestation, including an Interferon-Gamma Release Assay (IGRA) blood test, within 90 days of arrival in the U. S. Failure to comply can lead to termination of the parole, detention, and removal from U.S.

Tuberculosis (TB) screening can be done during your refugee medical screening by the same provider.

MY FAMILY HAS CHILDREN OF SCHOOL AGE. WHAT MEDICAL SCREENING DO THE CHILDREN NEED?

In addition to the medical screening, there will be a universal well child check form filled out for your child to send to their school, and their vaccinations will be updated to be able to enroll in school as soon as possible.

HELPFUL PHONE NUMBERS



**CHI HEALTH CLINIC – UNIVERSITY CAMPUS
2412 CUMING ST. STE. 200
OMAHA, NE 68131
402-717-0380**



**LUTHERAN FAMILY SERVICE
124 SOUTH 24TH STREET OMAHA, NE 68102
Shafiq Seddiqi +1 402-871-1992
Mado Juarez +1 402-213-0421**



**REFUGEE EMPOWERMENT CENTER
1111 N. 13TH STE. 128, OMAHA, NE 68102
402-554-0759**

REFUGEE MEDICAL SCREENING

WHAT IS A “REFUGEE MEDICAL SCREENING”?

A refugee medical screening is your first step to health care in the United States (U.S.). It is a complete physical examination of all family members and a time to find any physical and emotional health problems that you may have, which might prevent you from getting a job or going to school. The refugee medical screening is an important part of your resettlement and new life in the U.S.

All refugees, asylees, parolees, and Cuban/Haitian entrants who come to Nebraska should have a medical screening.

This health screening takes place in a specific clinic that is trained in refugee medical screening, and it is performed by a medical provider. Your medical screening takes two complete visits to a health care provider or clinic and includes:

- ❖ Review of your overseas medical examination
- ❖ Review of your health history
- ❖ A physical examination
- ❖ Tests for infections
- ❖ Immunizations you may need

You should have this health assessment within 90 days after you arrive in Nebraska. You can ask that someone who speaks your language be at your medical screening appointments