

## Refugee Food Pantry Suggestions (non-perishable)

**International Center of the Heartland** during regular business hours:

1941 S 42<sup>nd</sup> ST, Ste. 402

Omaha, NE 68105

(402) 536-3500

**Yates ECP** during regular business hours – NON-PERISHABLES ONLY PLEASE!

3260 Davenport ST

Omaha, NE 68131

(402) 898-9145

- Cornmeal
- Jasmine or Basmati rice
- Vegetable oil
- Tomato paste
- Marinara sauce
- Spices: curry powder, turmeric, beryani spice, chili, black pepper, thyme, cumin, cardamom, cloves, cilantro, ground masala, cinnamon
- Sugar
- Flour
- Baking powder
- Baking yeast
- Tea
- Italian style pastas
- Asian noodles
- Canned fish
- Beans (no bacon): white, kidney, pinto
- Lentils, chickpeas, pulses

